

# POWDERHOUNDS

The following is a ski trip packing list of items you may need or want to take on a snowboard or ski holiday. Obviously everyone's holiday or vacation is somewhat different, & everyone will have different ideas regarding what to pack for a ski trip. This is just a checklist guide of potential things you might manage to pack into your airline baggage allowance! If you don't have to fly, then go for it with your ski packing list!

## Ski & snowboard equipment (if not renting)

- skis (fat powder skis if heading to a great powder destination)
- snowboard and bindings
- ski/board boots
- ski poles

## Skiing/boarding clothing

- ski/ snowboard jacket (shell jacket if backcountry touring)
- ski/board pants (shell pants with zips if backcountry touring)
- thermal pants (not cotton as it captures the moisture)
- thermal top or other under-layer (not cotton as it captures the moisture)
- mid-layers e.g. long sleeve fleece or micro puffer vest
- helmet
- goggles (2 pairs if you're hitting deep powder)
- beanie (or toque if you're Canadian)
- neck warmer (neck gaitor) and/or face mask/balaclava
- ski/snowboard gloves or mittens (2 pairs if going into the backcountry or somewhere very snowy)
- silk or merino wool glove inners with touchscreen capability
- glove protectors (if going to a resort with nutcrackers e.g. New Zealand club fields)
- ski/snowboard socks

## Skiing and board accessories

- board leash
- wrist guards
- wax and iron if you want to DIY & petex (if you love to ride across rocks!)
- ski holder strap to hold your skis together
- ski/ snowboard lock
- boot/hand warmers (if you get particularly chilly)
- ski/board tags (if going to destinations with very deep powder if you're worried you'll lose a ski – don't use powder straps in case of avalanche)
- lift pass holder (if going to resorts that provide little cardboard tickets e.g. various resorts in Japan, or low key South American ski resorts)

## Backcountry gear

- avalanche transceiver (beacon)
- shovel & probe
- backpack with ski/snowboard carrying straps or ABS backpack (float avalanche airbags)
- skins or snowshoes
- ski/split board crampons
- backcountry extendable poles
- radio
- down jacket
- sunglasses (don't hike with goggles on)
- light to mid weight gloves
- water bottle

#### Other clothing

- “going out” clothes including warm pants
- “going out” gloves
- non slip shoes/après boots (+/- shoe chains for extra grip)
- slippers
- bathers/swimsuit
- sleeping clothes
- underwear
- socks

#### Other things for the ski/board jacket

- sunscreen
- lip balm
- tissues
- goggle wiper
- wipe cloth
- lift pass (if you have a pre-purchased ticket)

#### “First aid”

- Ibuprofen or other anti-inflammatory drugs, other painkillers
- bandaids, sports tape or water-proof dressings
- Lomotil and Stemetil (if going to a place like India)
- medications
- knee braces
- coldsore lip cream
- vitamins such as A,C,E, zinc, Echinacea (preferably combined in one tablet)

#### Toiletries

- nail scissors
- face moisturiser
- shampoo & hair conditioner
- deodorant
- toothpaste and toothbrush (if not in cabin luggage)
- comb or hair brush, hair accessories & hair product
- shaving gear
- cosmetics

#### Luggage

- boot bag (may need to take this on as cabin luggage)
- ski/snowboard bag (preferably on wheels)
- suitcase or bag (if able to take 2 bags on the plane)
- luggage locks
- luggage tags

#### Electronics

- mobile phone, charger & headphones
- still camera and charger
- GoPro & accessories including spare batteries
- tri-pod
- spare memory cards for cameras
- memory stick to back-up photos/videos
- electrical adapter
- laptop or tablet and charger
- power board for all these chargers!
- hairdryer (check if voltage appropriate for the country)

## Other

- portable clothes line
- spare credit card
- sunglasses
- photocopy/photo of passport and visa
- travel insurance information
- octopus straps if likely to travel in a taxi or a train
- drivers license
- cotton and thread
- bag for wet ski gear and/or dirty clothing
- towel (if staying in a backpackers)
- snow chains (if driving locally)

## Cabin luggage

- passport and visa if required
- itinerary, E tickets and reservation confirmations
- maps and directions (if going somewhere where navigation apps aren't very good)
- toiletries for cabin luggage in small sealed plastic bag including toothbrush & small toothpaste
- sleeping tablets/pain medication
- ear plugs
- eye shades
- book, kindle or equivalent
- wallet, credit card & cash
- travel pillow
- eye glasses or contact lenses (and accessories in main luggage)
- don't pack razors, scissors, matches etc – check for prohibited items

## Things to do before travel

- organise travel insurance
- make sure passport is valid for at least 6 months
- organise any visas required
- get any necessary vaccinations (e.g. if travelling to India)
- organise international drivers license if necessary (e.g. Japan, South America)
- email your itinerary to yourself in case you lose it
- ensure mobile phone is set for international roam (if not buying a SIM card when you get there)
- check electrical adapters required for the country
- photocopy passport, visa and tickets
- leave itinerary/contact information with family member and leave photocopy of passport
- consider currency exchange for at least a small amount of cash (or large amount if going to Japan)
- pay off credit card
- pay bills
- organise mail to be collected or "stopped"
- set up pet care